

SPA

& WELLNESS

AT THE  KAHALA

MENU OF SERVICES



*Each of our eight spacious suites offers complete privacy.*



## HAWAIIAN INSPIRED KAHALA SPA SIGNATURE EXPERIENCES

All the Signature Kahala Spa Experiences begin with our traditional *Ho'omaka Foot Ritual*. Let your body relax starting from the soles of your feet upward with a Hawaiian Sea Salt foot soak accompanied by an aromatic foot scrub and cooling eye compress infused with Kinehe flower essence. This calming ceremony brings your attention to the present moment where you can fully experience and enjoy your journey.

### \*Oli Oli Lomilomi 2 HRS

Settle in to experience a relaxing traditional Lomilomi massage enhanced with warm Pohaku stone placement on the abdomen and heart. We combine your massage experience with a Mamaki Mud leg wrap and 'awa scalp soothing massage. This experience will leave you in a state of bliss and ultimate relaxation. \$395

### \*Kala Ko'iko'i Lomilomi 2 HRS

This targeted treatment begins with a gentle exfoliation using a dry bristle body brush to remove inactive skin cells followed by a Hawaii-inspired body polish. This Lomilomi massage experience is enhanced with warm Pohaku stones, combined with a hand-carved Lomilomi stick used to massage the body. This moderate to elevated pressure massage will leave you with renewed energy and an invigorated mood for your day ahead. \$395

### Hawaiian Body Rituals 2 HRS

Your wish is our command.  
Customize your treatment from beginning to end and let us pamper you. Choose from our most popular Hawaiian rituals to create your own escape. \$425

#### BEGINNING 30 MIN

Full Body Scrub  
Body Wrap  
Infinity Bath

#### TREATMENT 60 MIN

Lomi Lomi Massage  
Lomi Lomi Facial  
*Uses Oshan Essentials*

#### END 30 MIN

Awa Scalp Soother  
Refresher Facial  
Lomi Lomi Foot Massage

\* Includes Ho'omaka Foot Ritual

## KAHALA SPA EXPERIENCES

### The Kahala Spa Perfect Immersion Package 2 HRS

Create your perfect Spa Day experience. Enjoy a 60-minute customized facial and 60-minute customized massage on the same day for a special packaged price. A sweet treatment duo to relax and rejuvenate. \$395

### \*Hoaloha Package 3.5 HRS *Hoaloha pili I ku'u pu'uwai - "Beloved friend connected to my heart"*

Nurture yourself or your companionship with another. Indulge in a blissful extended retreat that combines a body polish, 80-minute customized full body massage, deep soaking infinity tub infused with our signature bath salts and customized 60-minute facial. Enjoy a tea and sweet service at the conclusion of your journey.

Please provide at least 24 hours advanced notice to reserve this experience and any special occasion being honored or celebrated. SINGLE: \$625 | COUPLE: \$1,250 | ADD ROSE PETALS: \$30

### \*Nineteen Sixty Four Diamond Glow Signature Couples Treatment 4 HRS

Look and feel like "shining stars" with our Nineteen Sixty Four Diamond Glow Facial and Body Treatment. Celebrate yourselves with 4 hours of radiance that starts with our Signature Ho'omaka Foot Ritual followed by an exfoliating body scrub, 30 minute soak in the infinity bath and 80 minute Customized massage which will lead you to the heavens of relaxation. After a fifteen minute intermission you will resume the grand finale of glimmer with an 80 minute Customized OR Glo2 Facial. You will leave feeling shiny and new from head to toe. Includes a 60th anniversary Aloha Bag with Kahala Chocolates \$1,964 PER COUPLE



# KAHALA SPA FACIAL TREATMENTS

## Customized Facial Offerings

The Kahala Spa proudly offers a full range of facials for all skin types. Our skin care product lines have been carefully selected to customize each facial addressing various skin conditions. During your initial consultation, our estheticians will examine your skin and discuss your concerns. Together you can choose the most effective treatment that will give you the results you desire and leave your skin renewed and rejuvenated..

### 30-Minute Express \$120

*Uses Oshun Essentials*

### 60-Minute Facial \$225

### 90-Minute Facial \$295

Our 90 minute facial includes an additional face mask, lip moisture mask, scalp and foot massage.

## Facial Enhancements:

Eye Mask: \$25

Face Mask: \$30

## Ho'ola Hana Hou 90 MIN

*Uses Oshun Essentials*

This pampering, hydrating facial treatment helps restore your skin's natural moisture balance. Your esthetician will incorporate advanced lifting and firming massage techniques to release facial tension while improving skin circulation. This treatment begins with a relaxing back massage using warm stones to activate the vital energy points that address signs of aging, giving your complexion a healthy glow. \$325

## Glo2 Facial 60 MIN

Glo2 Facial combines advanced technology and clean active ingredients to activate your body's natural super-powers, delivering immediate and long-lasting results! This treatment incorporates 3 advanced technologies and one of 4 different customizations to target your specific skincare concerns such as acne, wrinkles, pigmentation, and texture. First is Oxfoliation, which gently exfoliates and stimulates oxygenation from within your own body. Next is a lite Ultrasound Experience for maximum absorption of active ingredients. Last is a massage that targets detoxification through lymphatic system, and reveal smooth, soft, glowing skin. This effervescent, non-invasive treatment is unlike any other – you're going to love your instant GLO! \$325



## CUSTOMIZED MASSAGE OFFERINGS

Let our highly trained and experienced massage therapists customize each massage specifically for you. Each massage will be personalized to reflect your current being centered on areas of focus, preferred technique and pressure.

**60-Minute Massage** \$225

**90-Minute Massage** \$295

### Massage Treatment Enhancements

Warm Pohaku stones \$30

Lavender Hemp massage oil 187mg CBD \$20

Lemongrass Hemp massage oil 275mg CBD \$25

Add-on infinity bath \$100

'Awa Scalp Soother \$30

### In-Room Services

Enjoy a 60 or 90-minute customized massage in the comfort and privacy of your guest room or suite for an additional \$50 per person.



### Hapai Massage 60 MIN

For expectant mothers we offer a 60-minute hapai or pregnancy massage. This side-lying massage has been designed with your comfort in mind during this special time in your life. \$230

*\*Please inform your reservationists of your pregnancy when making a spa reservation so they may better guide you through our suitable menu choices.*

### Add-on Body Polish or Body Wrap 30 MIN

Polish away dull, dry skin or Wrap yourself to detoxify and nourish. Either selection will compliment any 60 minute or longer treatment. \$120

### Hemp Recovery Remedy 90 MIN

Rebound from muscle fatigue and stiff joints with our private labeled, Hawaiian homegrown lemongrass hemp oil to relax and relieve inflammation and pain. This treatment will incorporate stretching, pressure points and deep tissue massage. It's the perfect remedy when you've overworked, overplayed and outdone yourself. \$325

### Revitalize and Lift Add on 30 MIN

Increase blood circulation and help lymphatic flow with Gua Sha for head and neck.

This add on to any 60 minute treatment or longer will relieve eye strain, neck stiffness, migraines and will leave you feeling rejuvenated. \$120

## BODY TREATMENTS

### **Hawaiian Body Mask and Wrap 60 MIN**

Detoxify or Hydrate your body with our Hawaiian Body Mask and Wrap. This treatment begins with a gentle exfoliation to remove inactive skin cells to allow better absorption of the body mask. Taro Honey to hydrate or Volcanic Clay to Detoxify. You will receive a relaxing scalp and foot massage and conclude with our Signature Hau Blossom lotion. \$235

## WAXING

Waxing services are available. Please consult with your Spa receptionists for details and pricing.

## NAIL CARE SERVICES

From tip to toe, nothing complements a Hawaiian sun-kissed glow like beautifully pampered hands and feet. Our nail salon offers a relaxing atmosphere for your hands and feet to enjoy a little TLC.

†**Keiki Manicure 30 MIN** \$35 (10 AND UNDER)

†**Keiki Pedicure 45 MIN** \$45 (10 AND UNDER)

### **Gel Nail Design**

Nail Art: starting at \$7 per finger

Rhinestones: \$1 each

Gel Removal: \$30

**Transform Manicure 60 MIN** \$75

**Transform Pedicure 60 MIN** \$90

**Naked Manicure 45 MIN** \$55

**Naked Pedicure 45 MIN** \$75

**Classic Manicure 45 MIN** \$65

**Classic Pedicure 60 MIN** \$80

**Tropical Deluxe Manicure 75 MIN** \$85

**Tropical Deluxe Pedicure 75 MIN** \$100

*Add Gel polish or French Fade  
to any classic nail service \$30*

† Includes one complimentary nail embellishment per nail service

## SPA ETIQUETTE AND EXPERIENCE

Please contact the Spa reception desk at least 24 hours in advance to change or cancel your Spa reservation. Cancellations made less than 24 hours in advance will be charged the full service price. Hoaloha package and Nineteen Sixty Four treatment require 48 hours notice to change or cancel to avoid any charges.

The Spa reception area is located on the lobby level of the resort. Please fill out your medical history questionnaire online and arrive to the Spa 10 minutes prior to your scheduled appointment.

Treatments are performed in private Spa guest suites. We will provide you with a robe and slippers for your comfort.

For hotel guests our CHI Fitness Center, located on the beach level of the resort, has locker rooms that feature dry saunas, steam rooms and outdoor whirlpools.

Couples treatment rooms are available for most services. Please inform your Spa receptionists if you would like to enjoy your treatments in the same room with someone special.

For your convenience an adjustable 20% gratuity will be added to your invoice. At checkout, please advise the Spa receptionists if you would like to make any modifications.

Prices listed do not include tax or gratuity and are subject to change without notice.

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