

# CULTURAL ACTIVITIES

## OCTOBER WEEKLY SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Beach Clean-Up</b> <i>(Oct 2 only)</i> 9 a.m. <b>Lei Making</b> 10-11 a.m. <b>Coconut Husking</b> <i>(Oct 8 &amp; 22 only)</i> 10 a.m.-noon	<b>Ohe Kapala</b> 10-11:30 a.m. <b>Sunset Seminar</b> <i>(Oct 30 only)</i> 6-7 p.m.	<b>Lauhala Weaving</b> 10-11:30 a.m.	<b>Lei Making</b> 10-11 a.m. <b>Ocean Education</b> 10 a.m.-noon <b>Keiki Art*</b> 4-5:30 p.m. <b>Ledward Kaapana</b> <i>(Oct 18 only)</i> 6:30-8:30 p.m.	<b>Haku Kupe'e</b> 9-10 a.m. <b>Hula</b> 10-11 a.m.	<b>Storytelling by our Tutus</b> 9:30-10:30 a.m. <b>Lei Making</b> 10-11 a.m. <b>Ocean Education</b> 10 a.m.-noon <b>Stargazing Activity</b> <i>(Oct 27 only)</i> 6:30-8 p.m.	<b>Upena Ho'olei</b> <i>(Oct 14 &amp; 28 only)</i> 9-10:30 a.m.

Times and locations may change without prior notice.

\*Reservations are required.



### ABOUT THE CLASSES

#### Coconut Husking

BY THE POOL

Learn all about coconuts while enjoying a freshly cut organic coconut refreshment.

#### Haku Kupe'e Bracelet Making

AT THE VERANDA

Learn the ancient Hawaiian art of weaving raffia and create your own keepsake bracelet.

#### Hula Dancing

AT THE VERANDA

Learn the basics of the art of Hula.

#### Keiki Art

AT THE KISCA ROOM

Children will enjoy drawing and painting ocean-inspired art while learning about Hawai'i's marine life. **Reservations are required.**

#### Lauhala Weaving by Keoua Nelson

AT THE VERANDA

Learn the art of traditional lauhala weaving by noted expert weaver Keoua Nelson.

#### Lei Making

AT THE VERANDA

Learn how to make your own beautiful handmade lei to wear or share with someone special.

#### Ocean Education

BY THE POOL

Learn about Hawai'i's marine life through an engaging experience. Q&A session with Dolphin Quest.

#### Ohe Kapala Stamping by Na Mala Kahiko

AT THE VERANDA

Learn from master carver, Nalu Andrade, in creating your own kapa bookmark using traditional Hawaiian carving and stamping techniques.

#### Stargazing Activity

AT PLUMERIA GROVE

View the full moon, Saturn and Jupiter through a large 7-foot telescope guided by a local astronomer from Stargazers of Hawaii. *(Weather permitting)*

#### Storytelling with Tutu

AT THE VERANDA

Bring your keiki and listen to captivating stories about Hawaiian life and culture.

#### Sunset Seminar Series

AT PLUMERIA GROVE

Join us for lively discussions and presentations on efforts being done to protect and preserve Hawai'i's environment and culture.

#### Upena Ho'olei

BY THE POOL

Learn how to cast a fishing net using Hawaiian techniques. *Active participation for guests 10 and older.*

### DAILY YOGA CLASS

available at CHI Fitness from  
8:30-9:30am

Hotel Guests: \$25  
Non-Hotel Guests: \$35  
CHI Members: \$10

### SUP YOGA CLASSES

Mon, Wed, Fri, Sat

Sunrise SUP Yoga 7-8am \$100 for all guests	SUP Yoga & Paddle 9-10:30am \$120 for all guests
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Tues, Thurs

Introductory SUP Yoga  
10am-noon (20 minute classes)  
Complimentary

Reservations required for ALL classes.  
Touch **8940** for reservations and more information.

*If you wish to cancel an existing reservation, please contact CHI Fitness at least 24 hours prior to avoid being charged 100% of class price.*

### CONTACT

**All cultural activities are complimentary for guests and general public.**

**Please call 808.739.8911 for more information.**



THE KAHALA INITIATIVE FOR SUSTAINABILITY, CULTURE AND THE ARTS