



SPA

& WELLNESS

AT THE  KAHALA

# MENU OF SERVICES

**Aloha, E Komo Mai.** Welcome to your personal suite; a private place of respite where traditional Hawaiian ingredients are used in a combination of relaxing and healing therapies.



## HAWAIIAN INSPIRED KAHALA SPA SIGNATURE EXPERIENCES

*All the Signature Kahala Spa Experiences begin with our traditional Ho'omaka Foot Ritual. Let your body relax starting from the soles of your feet upward with a Hawaiian Alaea Sea Salt foot soak accompanied by an aromatic foot scrub and cooling eye mask infused with Kinehe flower essence. This calming ceremony brings your attention to the present moment where you can fully experience and enjoy your journey.*

### **Oli Oli Lomilomi 2 HRS**

Settle in to experience a relaxing traditional Lomilomi massage enhanced with warm Pohaku stone placement on the abdomen and heart. We combine your massage experience with a Mamaki Mud leg wrap and 'awa scalp soothing massage. This experience will leave you in a state of bliss and ultimate relaxation. \$370

### **Kala Ko'iko'i Lomilomi 2 HRS**

This targeted treatment begins with a gentle exfoliation using a dry bristle body brush to remove inactive skin cells followed by a Hawaii-inspired body polish. This Lomilomi massage experience is enhanced with warm Pohaku stones, combined with a hand-carved Lomilomi stick used to massage the body. This moderate to elevated pressure massage will leave you with renewed energy and an invigorated mood for your day ahead. \$370

### **Hawaiian Body Rituals 2 HRS**

Your wish is our command. Customize your treatment from beginning to end and let us pamper you. Choose from our most popular Hawaiian rituals to create your own escape. \$425

#### **BEGINNING 30 MIN**

Full Body Scrub  
Lomi Lomi Foot Massage  
Infinity Bath

#### **TREATMENT 60 MIN**

Lomi Lomi Massage  
Swedish Massage  
Warm Pohaku Stone Massage

#### **END 30 MIN**

Awa Scalp Soother  
Refresher Facial  
Body Wrap

## KAHALA SPA SIGNATURE EXPERIENCES

### **Golden Glow Facial and Body Treatment 2.5 HRS**

Look and feel as “good as gold” with our Signature Golden Glow Facial and Body Treatment that will uncover your youthful spirit; leaving you radiant and glowing. Your treatment will begin with a gentle exfoliation using a dry bristle body brush to remove inactive skin cells followed by a body polish and body wrap. Your luxurious body treatment is followed by a relaxing massage that will flow into an oxygen facial. Our state-of-the-art hyaluronic infusion delivery system hydrates, plumps, and reduces the appearance of fine lines and wrinkles with immediate results. You will leave renewed and refreshed from head to toe. \$450

### **The Kahala Spa Perfect Immersion Package 2 HRS**

Create your perfect Spa Day experience. Enjoy a 60-minute customized facial and 60-minute customized massage on the same day for a special packaged price. A sweet treatment duo to relax and rejuvenate. \$375

### **Hemp Recovery Remedy 90 MIN**

Rebound from muscle fatigue and stiff joints with our private labeled, Hawaiian homegrown lemongrass hemp oil to relax and relieve inflammation and pain. This signature treatment will incorporate stretching, pressure points and deep tissue massage. It's the perfect remedy when you've overworked, overplayed and outdone yourself. \$325

### **Ho'ola Hana Hou 90 MIN**

This pampering, hydrating facial treatment helps restore your skin's natural moisture balance. Your esthetician will incorporate advanced lifting and firming massage techniques to release facial tension while improving skin circulation. This treatment begins with a relaxing back massage using warm stones to activate the vital energy points that address signs of aging, giving your complexion a healthy glow. \$305

### **Romance Package 3.5 HRS** *E Ho'omau Maua Kealoha - May Our Love Last Forever*

This romantic odyssey is perfect to begin or rekindle a loving experience shared with that special someone in your life. Indulge in a blissfully extended spa retreat that combines a body polish, 80-minute customized full body massage, deep soaking infinity tub infused with fresh rose petals and customized 50-minute facial for both of you in our Couple's Spa Suite. This memorable experience is sure to ignite the romance in any couple. Please provide 24 hours advanced notice to reserve this special experience. Enjoy a tea and sweet service at the conclusion of your journey. \$1,200 PER COUPLE

## FEATURED KAHALA MESSAGES

### Lovely Hula Hands (Four Hands Massage) 60 MIN

Inspired by the earliest residents of Hawaii, the Hula is both a dance and a ceremony. The Kahala Spa therapists have combined Hula with Lomilomi massage to create this unique treatment using motions of the dance and the power of the spirits promoting health and peace. Enter a state of superior relaxation as both therapists massage your body simultaneously using warm pohaku stones, releasing tension and stress evenly and completely. A head, hands and foot massage will complete the tribute to Hula and well being. \$395

## CUSTOMIZED MESSAGE OFFERINGS

Let our highly trained and experienced massage therapists customize each massage specifically for you. Each massage will be personalized to reflect your current state of being centered on areas of focus, preferred massage technique and pressure.

**60-Minute Massage** \$195

**90-Minute Massage** \$290

### Massage Treatment Enrichments

Warm Pohaku stones \$30

Hemp massage oil containing CBD \$20

Add-on infinity bath \$100

### In-Room Services

Enjoy a 60 or 90-minute customized massage in the comfort and privacy of your guest room or suite for an additional \$50 per person.

### Hapai Massage 60 MIN

For expectant mothers we offer a 60-minute hapai or pregnancy massage that begins with our Ho'omaka Foot Ritual. This side-lying massage has been designed with your comfort in mind during this special time in your life. \$220

*\*Please inform your reservationists of your pregnancy when making a spa reservation so they may better guide you through our suitable menu choices.*

### Add-on Body Polish 30 MIN

Polish away dry, dull skin to reveal fresh new supple skin cells for a healthy glow. Our Hawaiian inspired exfoliation experience can be added on to compliment any of our 60-minute or longer Spa treatments. \$120

## FEATURED KAHALA SPA FACIALS & BODY TREATMENTS

### Intraceuticals® Oxygen Facial 60 MIN

Experience the “red carpet treatment” relished by celebrities, skincare specialists, makeup artists and photographers. Cooling, calming oxygen is applied to the skin’s surface to infuse hyaluronic serums deep into the dermis, leaving your skin hydrated, youthful and glowing. You will see a noticeable reduction of fine lines and wrinkles. Oxygen facials are safe for all skin types, including those with stressed or sensitive skin.

This is the perfect facial choice for brides and those celebrating a special occasion. \$220

*Enhance any Intraceutical® Oxygen Facial with a Booster serum: Antioxidant, Vitamin C, Collagen or Vitamin A for an additional \$20. Add on an additional 15 minutes for an Atoxeline serum application specifically designed to reduce expression lines and wrinkles around the lips and eyes for \$50.*

### Customized Facial Offerings

The Kahala Spa proudly offers a full range of facials for all skin types. Our skin care product lines have been carefully selected to customize each facial addressing various skin conditions. During your initial consultation, our estheticians will examine your skin and discuss your concerns. Together you can choose the most effective treatment that will give you the results you desire and leave your skin renewed and rejuvenated..

#### 60-Minute Facial \$195

#### 90-Minute Facial \$290

Our 90-minute facial includes an additional face mask or lymphatic facial massage, lip mask and extended scalp, hands and/or feet massage.

#### Add on Back Facial 30 MIN

A purifying treatment for this commonly neglected area, which includes a back cleanse, exfoliation, extractions if needed, detoxifying mask and a radiant moisturizer. \$120

### Hawaiian Body Mask and Wrap 60 MIN

Tone, tighten, detoxify or hydrate your body with our Signature Hawaiian Body Mask and Wrap. This treatment begins with a gentle exfoliation using a dry bristle body brush to remove inactive skin cells and allow better absorption of the body mask. Choose from two Hawaiian-inspired body masks: Taro Honey to hydrate and moisturize dry skin or Volcanic Clay to detoxify, tone and tighten. While you are cocooned you will receive a relaxing scalp and foot massage. The treatment will conclude with a hydrating application of our Kahala Collection Body Lotion. \$220

## EXCLUSIVELY FOR OUR YOUNGER GUESTS

### **Tween Facial 30 MIN**

Just for our “Tween” Guests (ages 11-12). Let your young adult indulge in a mini facial with a three-step skincare regimen to cleanse, exfoliate and treat current skin condition with a customized mask. Learn the basics of healthy skincare and preventing sun damage. \$100

### **Teenage Beach Break 60 MIN**

A shout out to all teenagers 13-18! Chill at The Kahala Spa with a 60-minute customized massage or facial at a special rate. A special treat for a teenager who deserves a moment of rest and relaxation. \$185

## NAIL CARE SERVICES

From tip to toe, nothing complements a Hawaiian sun-kissed glow like beautifully pampered hands and feet. Our nail salon offers a relaxing atmosphere for your hands and feet to enjoy a little TLC.

**Gentlemen’s Manicure 30 MIN \$45**

**Gentlemen’s Pedicure 45 MIN \$65**

**\*Keiki Manicure 30 MIN \$35 (10 AND UNDER)**

**\*Keiki Pedicure 45 MIN \$45 (10 AND UNDER)**

*\*Includes one complimentary nail embellishment per nail service*

**Classic Manicure 45 MIN \$55**

**Classic Pedicure 60 MIN \$75**

**Tropical Deluxe Manicure 75 MIN \$75**

**Tropical Deluxe Pedicure 75 MIN \$95**

*Add Gel polish, French or Fade to any classic nail service \$30*

### **Gel Nail Design**

Nail Art: starting at \$7 per finger

Rhinestones: \$1 each

Gel Removal: \$30

## WAXING

Waxing services are available. Please consult with your Spa receptionists for details and pricing.

## SPA ETIQUETTE AND EXPERIENCE

Please contact the Spa reception desk at least 24 hours in advance to change or cancel your Spa reservation. Cancellations made less than 24 hours in advance will be charged the full service price.

The Spa reception area is located on the lobby level of the resort. Please plan to arrive to the Spa 10 minutes prior to your scheduled appointment time to complete a short health questionnaire. Treatments will end as scheduled as a courtesy to the next guest.

Treatments are performed in private Spa guest suites. We will provide you with a robe and slippers for your comfort.

Our CHI Fitness Center, located on the beach level of the resort, has locker rooms that feature dry saunas, steam rooms and outdoor whirlpools.

Couples treatment rooms are available for most services. Please inform your Spa receptionists if you would like to enjoy your treatments in the same room with someone special.

For your convenience an adjustable 20% gratuity will be added to your invoice. At checkout, please advise the Spa receptionists if you would like to make any modifications.

Prices listed do not include tax or gratuity and are subject to change without notice.

*Revised August 2019*



Kahala Spa Reservations  
808.739.8938 | [spa@KahalaResort.com](mailto:spa@KahalaResort.com)

5000 Kahala Avenue Kahala, Honolulu, Hawaii 96816-5498 U.S.A.  
[www.KahalaResort.com](http://www.KahalaResort.com)

---